

THE BUS STOPS HERE



Safety Newsletter

February 21, 2025



SUFFOLK TRANSPORTATION SERVICE, INC

SUFFOLK BUS CORP.



February is
**AMERICAN
HEART**
Awareness Month

AMERICAN HEART MONTH: February is American Heart Month, a time to raise awareness about heart health and encourage healthier lifestyles to prevent heart disease, one of the leading causes of death in the United States. Simple changes such as engaging in 30 minutes of moderate exercise most days, eating a balanced diet rich in fruits, vegetables, and whole grains, quitting smoking, managing stress through activities like meditation and yoga, and regularly checking important health markers can make a significant impact. Let's commit to heart health by supporting each other in making these healthier choices, as a healthy heart

is key to a long, fulfilling life.

LOVE THE BUS, THE FINAL WEEK: This month, we celebrated "Love the Bus," honoring the dedicated employees who bring us together every day. Let's celebrate this final week by thanking all who shared their stories on Suffolk Transportation's Facebook and Instagram pages.



ATTENTION SCHOOL BUS DRIVER ASSISTANTS: Announcing a required 1-hour mentoring class designed specifically for School Bus Driver Assistants. This session will provide valuable insights and guidance to help you excel in your roles. Don't miss this opportunity to enhance your skills and connect with your peers. Please sign up on MPS or contact Linda Licata at llicata@suffolkbus.com or 631-665-3245 ext. 4163 to reserve your spot. We look forward to seeing you there!



1780 Smithtown Ave	10:00 am	2/25/2025
Coram	10:30 am	2/25/2025
50 Saxon	10:00 am	2/26/2025
Coram	10:00 am	2/27/2025
1780 Smithtown Ave	10:30 am	2/27/2025
1780 Smithtown Ave	5:30 pm	2/27/2025

CDL PERMIT PREP CLASS: We are pleased to announce two upcoming CDL permit study courses at the Safety and Training facility located at 1780 Smithtown Boulevard, Ronkonkoma.

- **Date: March 5 Time: 10:00 AM - 1:00 PM**
- **Date: March 22 Time: 8:00 AM - 4:00 PM**

These courses are designed to help prepare for the CDL permit exam. Don't miss this opportunity to enhance your skills and knowledge.

Free CDL Permit
Prep Class



STAY SAFE ON ICE! WALK LIKE A PENGUIN: Please exercise caution while walking through the yards. With winter still upon us, be mindful of inclement weather and dropping temperatures. Take extra care when exiting your bus or personal vehicle and always use three points of contact when entering and exiting the bus. Remember, snow piles will melt during the day and the wet pavement may freeze overnight.

JANUARY SAFETY WINNERS: Congratulations to the following individuals for their outstanding commitment to safety: Dijean Alexandre, Large Bus Driver; Raiman DiSilva, Van Driver; Chelsea Gonzalez, Drivers Assistant; Rudy Arevalo, Transit Driver; Dalila Martinez, ADA; Giovanni Cancilla, Shop and Gabriel Medina, Management. Your dedication to maintaining a safe environment is truly appreciated. Keep up the great work!



Check out our Facebook page to read about Juan Ortiz, our SBC Reservationist, in our latest employee spotlight.

"Success is the sum of small efforts, repeated day in and day out"

