



Between the Lines

The Inside Story

THE SCRIBBLER - PHIL DiDOMENICO'S WORDS TO LIVE BY.

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Sincere Belief...

Cynical, acrimonious, angry, skeptic, distrust all cannot exist in the same space as sincere belief. Name some successful cynics. You can't. These traits are born out of fear, insecurity and issues of trust. Cynics usually don't become presidents of the United States, CEO's or business men, although I can come up with a couple without even thinking about it, however, not successful. Most of us don't have or desire to see ourselves, evaluate ourselves and make improvements; we really can't do that without some help. To most people, cynics are very obvious; and no one is willing to spend the time with a cynic to point it out and/or help because cynics are like drunks very boring to be with. A recent article claims that cynicism is bad for your health as well, leads to early dementia and other illnesses. Google the lyrics from Groucho Marks song:

"Whatever it is, I'm against it".

Being a cynic is not a permanent state of mind. Try this. Ask yourself some questions but be honest, could I be one of these downhearted people, am I angry more times than not, is my anger based on shortcomings of others or why other folks don't think along the same lines as me. If you have doubts about your answers. Read on.

You need an optimism optimization plan. Set some standards for yourself, consider other options. Take time on your way to work to think of what the day has planned for you, who you have to deal with on what issue. Start with a relationship autopsy, break it down, what annoys you most about the person; find the good points like skills, past performance, their contribution to the company. We are the best bus company around. How did that happen, with unskilled, mean, nasty people with no talent-you think? **Not a chance.** Talk it out with them, (heart to heart), what is the main bone of contention. You will only have to do that one time, after that, deal with the issue at hand. What do you have to lose. Of course nothing is guaranteed, but if you want guarantees go buy a car battery at Sears.

"The death of communication is the birth of resentment."

Fifth Commandment: Thou Shalt have Faith